



**Volunteer Centre**  
Telford & Wrekin



# **ANYONE CAN VOLUNTEER**

INFORMATION FOR  
VOLUNTEERS

There is a very wide diversity of volunteering opportunities locally, regionally and nationally in the public sector as well as in the voluntary and community sector. These include:

- Home visiting and befriending schemes;
- Conservation work;
- Shopping;
- Driving;
- Being a mentor;  
and many more.

There is something for everyone; whether you are young or old, male or female, employed or unemployed, disabled or able bodied - no matter what your ethnicity, faith, sexual orientation or culture.

## **Why Volunteer?**

There are many personal benefits to volunteering. These include:

- Learning new skills;
- Making friends and meeting people;
- Enhancing a C.V.
- Increasing confidence;
- Having training opportunities;
- Having fun;
- Being valued and appreciated.

The Telford and Wrekin Volunteer Centre offers potential volunteers support and advice in matching their motivations to volunteer with information on volunteering opportunities.

There are various ways to contact the Volunteer Centre.

- Via telephone – 01952 291350
  - Via email – [beverlyharris@tandwcvcs.org.uk](mailto:beverlyharris@tandwcvcs.org.uk)
  - Via letter – the address is at the back of this leaflet.
1. You will be offered an appointment to come and have an informal and confidential chat with the Volunteer Centre Manager on a one to one basis in a private room at the CVS.

### **Volunteer appointment times:**

Monday	-	10:00 a.m. to 1:00 p.m.
Tuesday	-	2:00 p.m. to 5:00 p.m.
Friday	-	11:00 a.m. to 1:00 p.m.

2. We can contact you by telephone for an informal interview. In this case information on volunteering opportunities will be emailed or sent by post.
3. You can obtain information on volunteering options from the national volunteering website

at [www.do-it.org.uk](http://www.do-it.org.uk). You can register online and information will be emailed or posted to you.

At the Volunteer Centre we are constantly striving to improve our service to prospective volunteers and to organisations that use volunteers. If you have any compliments, comments or concerns please send them to:

**Beverly Harris  
The Volunteer Centre  
Telford & Wrekin CVS  
Meeting Point House  
Southwater Square  
Town Centre  
Telford  
Shropshire TF3 4HS**

**Tel: 01952 291350**

**Email: [beverlyharris@tandwcvvs.org.uk](mailto:beverlyharris@tandwcvvs.org.uk)**

**THIS LEAFLET IS ALSO AVAILABLE IN LARGE PRINT ON  
REQUEST**

Registered Charity Number: 702589  
A Company Limited by Guarantee Number: 2436644

While the Volunteer Centre takes every opportunity to ensure the accuracy of the information given, we are reliant on organisations using volunteers keeping us up to date. Please use the information given as a guide.