

At the Volunteer Centre we are constantly striving to improve our service to prospective volunteers and to organisations that use volunteers. If you have any compliments, comments or concerns please send them to: -

Annette Cooper
The Volunteer Centre
Telford & Wrekin CVS
Meeting Point House
Southwater Square
Town Centre
Telford
Shropshire TF3 4HS

Tel: 01952 291350

Email: annettecooper@tandwcvcs.org.uk

Website: telfordvc.tandwcvcs.org.uk



Become a fan of our Facebook page for Volunteers, to find out about new volunteering opportunities in Telford & Wrekin and connect with other volunteers, projects and organisations

<http://www.facebook.com/VolCentreTelford>

**THIS LEAFLET IS ALSO AVAILABLE IN LARGE PRINT
ON REQUEST**

Registered Charity Number: 702589

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While the Volunteer Centre takes every opportunity to ensure the accuracy of the information given, we are reliant on organisations using volunteers keeping us up to date. Please use the information given as a guide.

August 2010



ANYONE CAN VOLUNTEER

INFORMATION FOR VOLUNTEERS



There is a very wide diversity of volunteering opportunities locally, regionally and nationally in the public sector as well as in the voluntary and community sector. These include: -

- ★ Home visiting and befriending schemes;
- ★ Conservation work;
- ★ Shopping;
- ★ Driving;
- ★ Being a mentor;
and many more.

There is something for everyone; whether you are young or old, male or female, employed or unemployed, disabled or able bodied - no matter what your ethnicity, faith, sexual orientation or culture.

Why Volunteer?

There are many personal benefits to volunteering. These include: -

- ★ Learning new skills;
- ★ Making friends and meeting people;
- ★ Enhancing a C.V.
- ★ Increasing confidence;
- ★ Having training opportunities;
- ★ Having fun;
- ★ Being valued and appreciated.

The Telford and Wrekin Volunteer Centre offers potential volunteers support and advice in matching their motivations to volunteer with information on volunteering opportunities.

There are various ways to contact the Volunteer Centre.

- ★ Via telephone – 01952 291350
- ★ Via email – annettecooper@tandwcvcs.org.uk
- ★ Via letter – the address is at the back of this leaflet.

Opening Hours

Monday - Thursday	9 - 1pm	2 - 5 pm
Friday	9 - 1pm	2 - 4 pm

1. You will be offered an appointment to come and have an informal and confidential chat with an advisor on a one to one basis in a private room at the CVS.
2. We can contact you by telephone for an informal interview. In this case information on volunteering opportunities will be emailed or sent by post.
3. You can obtain information on volunteering options from the national volunteering website at: -

www.do-it.org.uk.

You can register online and information will be emailed or posted to you.